

DAIRY FREE MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	<p>Sweet Potato & Bean Pie ^{VG} Jackets with a Choice of Toppings ^{0.9} ~~~~~ Peas Carrots Peach Crumble ^{1 VG} Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}</p>	<p>Beef & Onion Pie ¹ Jackets with a Choice of Toppings ^{0.9} ~~~~~ New Potatoes Seasonal Vegetables ~~~~~ Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}</p>	<p>Roast Gammon & Gravy Bean Chilli with Baked Tortilla Chips ^{1 VG} Jackets with a Choice of Toppings ^{0.9} ~~~~~ Rustic Roast Potatoes Broccoli, Sweetcorn ~~~~~ Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}</p>	<p>Chicken Fajitas ^{1.4} Tomato Spaghetti ^{1 VG} Jackets with a Choice of Toppings ^{0.9} ~~~~~ Rice Cauliflower, Carrots ~~~~~ Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}</p>	<p>Fish Fingers ^{1.8} Jackets with a Choice of Toppings ^{0.9} ~~~~~ Chips, Peas Baked Beans Carrot Sticks ~~~~~ Oaty Biscuit ^{1.15 VG} Fruit Pots ^{VG}</p>
WEEK 2	<p>Chicken Pie ¹ Jackets with a Choice of Toppings ^{0.9} ~~~~~ New Potatoes Seasonal Vegetables ~~~~~ Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}</p>	<p>BBQ Pulled Pork Loaded Wedges Herby Tomato Penne Pasta ^{1 VG} Jackets with a Choice of Toppings ^{0.9} ~~~~~ Sweetcorn, Courgettes ~~~~~ Chocolate Pudding ^{1.9} Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}</p>	<p>Roast Chicken & Gravy BBQ Vegetable Burrito ^{1 VG} Jackets with a Choice of Toppings ^{0.9} ~~~~~ Rustic Roast Potatoes Cabbage, Carrots ~~~~~ Fruit Jelly ^{VG} Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}</p>	<p>Vegetable Hot Pot ^{1.6 VG} Jackets with a Choice of Toppings ^{0.9} ~~~~~ Carrots Green Beans ~~~~~ Peach Sponge ^{1.9} Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}</p>	<p>Fish Fingers ^{1.8} Jackets with a Choice of Toppings ^{0.9} ~~~~~ Chips, Peas Baked Beans Coleslaw ⁹ ~~~~~ Ginger Biscuit ^{1 VG} Fruit Pots ^{VG}</p>
WEEK 3	<p>Sweet Chicken Curry Jackets with a Choice of Toppings ^{0.9} ~~~~~ Rice Seasonal Vegetables ~~~~~ Apple Crumble ^{1 VG} Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}</p>	<p>Sausage Roll ^{1.6} Quorn Sausage & Gravy ^{1 VG} Jackets with a Choice of Toppings ^{0.9} ~~~~~ Mashed Potato Baked Beans, Broccoli ~~~~~ Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}</p>	<p>Roast Pork & Gravy Samosa Puff ^{1 VG} Jackets with a Choice of Toppings ^{0.9} ~~~~~ Rustic Roast Potatoes Green Beans, Carrots ~~~~~ Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}</p>	<p>Loaded Cajun Bean Wedges ^{VG} Jackets with a Choice of Toppings ^{0.9} ~~~~~ Sweetcorn Peppers ~~~~~ Lemon Drizzle Cake ^{1.9} Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}</p>	<p>Chicken Bites ¹ Jackets with a Choice of Toppings ^{0.9} ~~~~~ Chips, Peas Baked Beans Cucumber Sticks ~~~~~ Fruit Pots ^{VG}</p>
WEEK 4	<p>Jerk Chicken Tomato & Herb Pasta ^{1 VG} Jackets with a Choice of Toppings ^{0.9} ~~~~~ Sunshine Rice Cauliflower, Carrots ~~~~~ Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}</p>	<p>Singapore Noodles ^{1.3, 1.6 VG} Jackets with a Choice of Toppings ^{0.9} ~~~~~ Seasonal Vegetables ~~~~~ Jam Tart ^{1.6 VG} Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}</p>	<p>Roast Chicken & Gravy Jackets with a Choice of Toppings ^{0.9} ~~~~~ Rustic Roast Potatoes Cabbage, Peas ~~~~~ Fruit Jelly ^{VG} Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}</p>	<p>Penne Bolognese ¹ Rice & Bean Burrito ^{1 VG} Jackets with a Choice of Toppings ^{0.9} ~~~~~ Baked Wedges Green Beans, Sweetcorn ~~~~~ Beetroot Cake ^{1.9} Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}</p>	<p>Fish Fingers ^{1.8} Vegetable Pastie ^{1 VG} Jackets with a Choice of Toppings ^{0.9} ~~~~~ Chips, Peas Baked Beans Coleslaw ⁹ ~~~~~ Vegan Brownie ^{1 VG} Fruit Pots ^{VG}</p>



LOOK OUT FOR OUR THEMED DAYS!

DAIRY FREE 3 OPTIONS

KEY:
VG Vegan
V Vegetarian

AVAILABLE DAILY:

Selection of Salads ⁹,
Homemade Bread ^{1, 3, 7, 9}.

Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.



1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard
5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs
12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten

