## AFTER-SCHOOL CLUBS RUCE

## RUGBYHIDS ALLOW'S CHILDREN THE CHANCE TO TRY NON-CONTACT RUGBY IN A FUN, FOCUSED AND FRIENDLY WAY.

Our popular, inclusive After-School Clubs are fun, structured sessions that take **boys and girls in KS2 (aged 7 to 11)** on a journey of sporting imagination while gently introducing them to the basics of rugby.

These non-contact classes have been designed for girls and boys, tall and short, fast and slow, sport-loving and sport-shy. Your child doesn't need any previous experience or knowledge of rugby, **just an appetite for fun and a desire to try something new!** 

It's great having RugbyKids run one of our after-school clubs. The children love the sessions and enjoy being outside. They look forward to it every week.

## Andrew Davies, Head of Sport

The classes are run with energy and enthusiasm by experienced **RugbyKids coaches**, who work to boost each child's sense of **sportsmanship, confidence** and **self-esteem**, as well as their ability to **catch**, **pass**, **kick**, **run with the ball** and **play in a team**.

In other words, we tackle a lot... but without any actual tackling!

## EMAIL, GALL OR SGAN THE OR GODE FOR MORE DETAILS: WESTKENT@RUGBYKIDS.CO.UK 0345 313 0807

